



Health is wealth – how wellbeing is a key to business success

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Mercedes-Benz



Wellbeing - four dimensions



Physical Wellbeing



Emotional Wellbeing



Financial Wellbeing



Social Wellbeing

Physical wellbeing |

selected measures @ MB



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Health Check-up



myHealth-App



Therapeutic and reintegration
services



Emotional Wellbeing |

selected measures @ MB

- Company Agreement „Psychological Health“
- Social Counseling
- Mindfulness seminars (on- and offline)
- Qualifications for managers, i.a. „Healthy leading at a distance- with mindfulness and empathy“
- 5 day training course to strengthen the emotional wellbeing and stress-resilience of women

Financial wellbeing

selected measures @ MB



Global remuneration policy



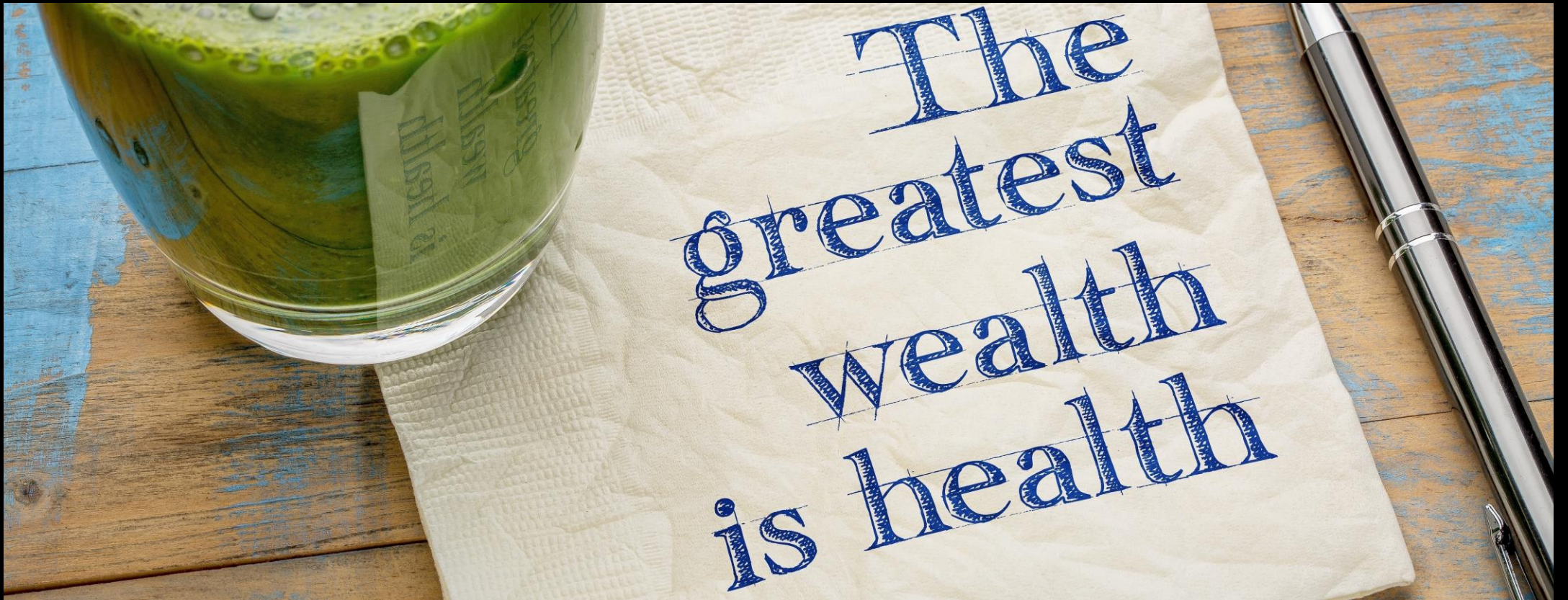
Company benefits,
e.g. pension plan



Social wellbeing

selected measures @ MB

- Flexible workplace and working time arrangements, e.g. hybrid working, offices with networking zones, job sharing and many more
- Child care
- Employee communities



What are your thoughts and experiences?
Let's discuss!