Beyond Male "Champions:" Men as True Allies for Gender Equality

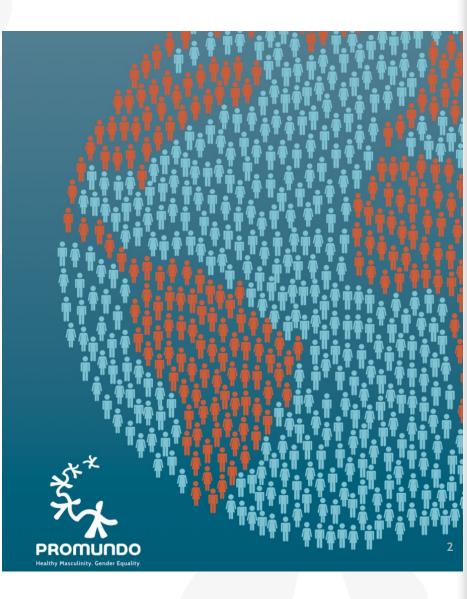
Gary Barker, PhD President and CEO



About Promundo

Promundo was founded in Brazil in 1997 with an aim to **advance gender equality** and create a world **free from violence** by engaging men and boys in partnership with women, girls, and individuals of all gender identities.

Promundo is a global leader on **working with men** and boys — as employees, citizens, consumers, and allies — to live values of **respect and equality**, support women and girls leadership, be equitable parents, and to call out harassment and discrimination when they see it.





Man walks into a room called #MeToo





BUT WAIT, I'M DOING <u>MY</u> PART FOR EQUALITY. REALLY?

Proportion of men in the U.S. in a nationally representative Promundo survey who say they are <u>doing</u> <u>everything they can to support gender equality at work</u>:



Women said, maybe not: only 41% agreed

SO, YOU WANT TO BE A MALE ALLY FOR WOMEN'S EQUALITY? (AND YOU SHOULD):

> Results from a National Survey, and a Few Things You Should Know



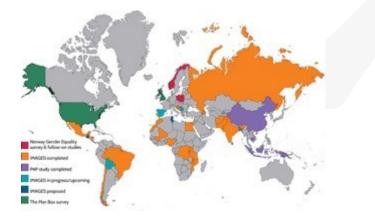
So, men, let's acknowledge that equality hasn't been achieved

- Gender unemployment gap of 11%-50%
- Global gender wage gap of ~20%
- ¼ women have experienced violence from a male partner
- Globally women do 3.3x times the daily unpaid care work

Time to move beyond talk of male champions. This is called **systems change**.



Some good news: globally, more men believe in gender equality ... well maybe





INTERNATIONAL Men and Gender Equality Survey

International

MANY MEN FEAR SPEAKING OUT FOR GENDER EQUALITY .. BUT IT'S TIME WE DID

- It's still far too seldom that men speak out: Nearly 60% of women and men said it's rare to see men in their workplace speak out for gender equality
- Why don't men speak out more? 47% of men and 48% of women said that men who promote women's leadership face criticism from other men

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> > ¹A PROMUNDO

Roadmap for Male Allyship

Listen better. Seek opportunities to hear women's stories, acknowledge their experiences, and inform other men.



Reflect on your own power and privilege as a man.



Credit ideas to those who came up with them, especially to female coworkers who often feel overlooked. It's not about special treatment – it's about fairness.



Roadmap for Male Allyship

Advocate for women's leadership and equality in the workplace and for pay equality, even if it's unpopular. Speak up when you hear sexist language, and call other men out when they use it. Learn to live with discomfort. Being an ally is about making change, not being comfortable. Step up at home. Advocate for work-life balance

Step up at nome. Advocate for work-life balance and paid leave for all caregivers. Men need to be full partners in childcare and chores.



THE MISSING LINK: RESEARCH CONSISTENTLY AFFIRMS THAT MEN WHO BELIEVE IN **POSITIVE IDEAS ABOUT MANHOOD** ARE:

- Happier with their relationships
- More likely to be *involved in* caring for their children
- Have *partners are happier* with them
- More likely to *pass on these ideas* to their sons and daughters
- Healthier and have better mental health

And the list goes on. Men need to see our stake in equality.





What does male allyship look like? Let's figure it out





