# Addressing Violence Against Women Before & During COVID



**OUR MISSION** 

Give people the power to build community and bring the world closer together



### Safety@Facebook



**PARTNERSHIPS** 

To complement our expertise



**POLICIES** 

For the Facebook Community



SAFETY TOOLS

To give people control



**RESOURCES** 

Help at every point in the service



**FEEDBACK** 

To keep on improving

### Partnerships around the globe



## **Women's Safety Partners**

CSZ



# **Spotlight** Initiative

To eliminate violence against women and girls









For women and children. Against domestic violence.

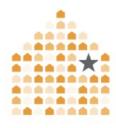


**WUN WOMEN** 



FAMILY VIOLENCE COUNSELLING SERVICE

















Office of the **eSafety Commissioner** 









### RESOURCES

# women's safety fb.com/safety

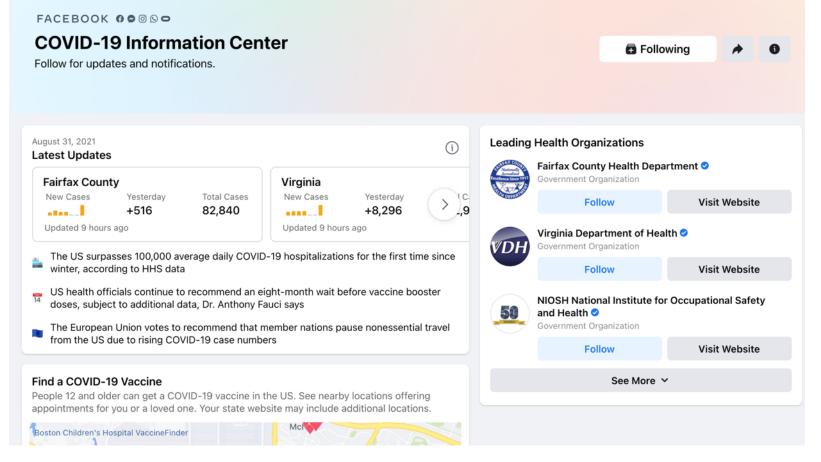
- Not Without My Consent
- Guides under "Resources"



# Supporting Survivors during COVID

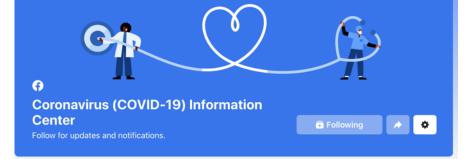


FACEBOOK



### Domestic Violence COVID-19 Information Center

- Launched resources for domestic violence victims and for concerned friends and family on the Facebook COVID Information Center.
- Include tips such as:
  - Communicating safely
  - Having an escape plan
  - Being prepared
  - Talking to your kids
  - Looking for patterns and triggers
  - Reaching out to a helpline
  - Created in partnership with NNEDV & UN Women



### **Experiencing Domestic Abuse**

Find help and advice for yourself or someone you care about.



If you are being abused or feel unsafe, review these tips on how to find safety and support.

Worried about someone else? See tips and resources for helping someone you care about.



### Communicate Safely

Share your concerns with trusted friends, family or neighbors. Consider creating a plan for connecting with them when you need help. This plan may include code words, sentences or even emojis that can help you communicate more safely. You can also reach out to local help lines focused on domestic violence.

#### Learn More

Get tips for safe communication

### **Connect with Someone**

If you or someone you know wants emotional support, there are people you can talk to. Send a message to a friend or talk to someone trained to help.

Learn More



### Find the Support You Need

Explore expert tips and find help for yourself or someone you care about.



### Taking Care of Your Emotional Health

Explore 5 ways you can focus on your emotional health.



Find help someon



#### Have an Escape Plan

Think of different reasons for leaving the house at different times, day or night. For example, you can say you need to go to the pharmacy or grocery store. Once there, use a phone to call for help.

#### Learn More

loveisrespect.org

Learn more about safety plans thehotline.org Build your own safety plan



### Be Prepared

Keep a phone charged and accessible, if possible. Consider memorizing or having a list of numbers to call for help. If your life is in danger, call the police if it is safe to do so.



### Talk to Your Kids

Have conversations with your kids about what's happening and include them in your planning. The tips below can help you with these conversations.

- · Let your kids know that what's happening is not their fault and that they didn't cause it. Let them know how much you love them and that you support them no matter what.
- . Tell them you are creating a plan to use in case of emergencies. When you're safety planning with a child, remember they might tell this information to the abusive partner. Try using phrases such as "We're practicing what to do in an emergency," instead of "We're planning what you can do when dad/mom becomes violent."
- · Teach them when and how to call emergency services if it is safe for them to do so in your community.



# Tips for helping a friend experiencing domestic abuse during COVID-19.



# Ask them how they would prefer to connect

"How would you prefer we connect?



### Stay in touch and be creative

"Let's have a call with the kids?" or, "Let's play a game online."



# Be supportive and believe in them

"You are not alone. I care about you, and I'm here for you, no matter what."



# Help them think through how to stay safe

"Let's develop a safety plan."



# Help them find a local domestic violence helpline

"Here is the contact information for that grocery store I told you about."

### FB.com/safety/domesticviolenceresources

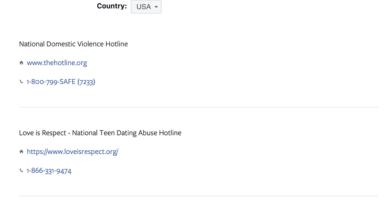
### Domestic Violence



### **Domestic Violence Helplines**

There are many forms of abuse and all of them can have serious physical and emotional effects. If you think someone is abusing you, help is available. You are not alone. If you'd like to talk with a trained advocate at a helpline, we compiled this list of resources around the world in partnership with UN Women, the U.S. National Network to End Domestic Violence and the Global Network of Women's Shelters.

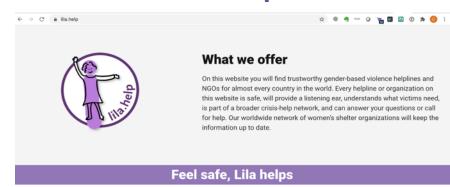
If your life is in danger, call the police. To exit this page at any time, click the Facebook icon at the top of this page and you will return to the homepage and exit your browser.



### StrongHearts Native Helpline

- \* https://www.strongheartshelpline.org/
- 1-844-762-8483

### Lila.help



### Who we are

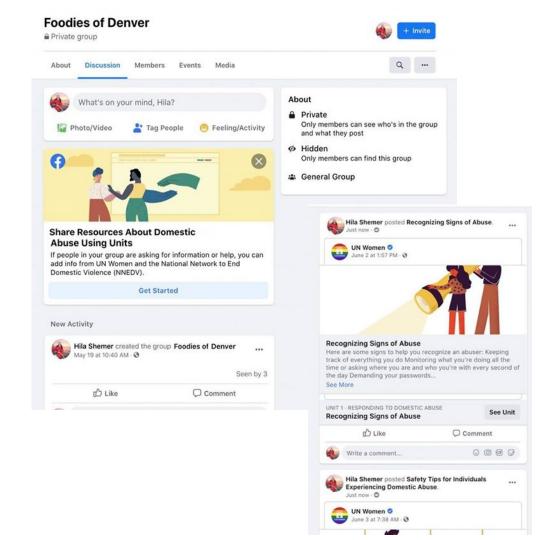
The Global Network of Women's Shelters is an alliance of regional shelter networks around the world. We are the global voice for survivors of gender-based violence and the shelters that serve them. We connect and represent helplines, crisis centers, counseling and community services, and shelters. Working from a human rights and feminist perspective, we strive to meet the needs of all survivors.





# Social Learning Units for Groups

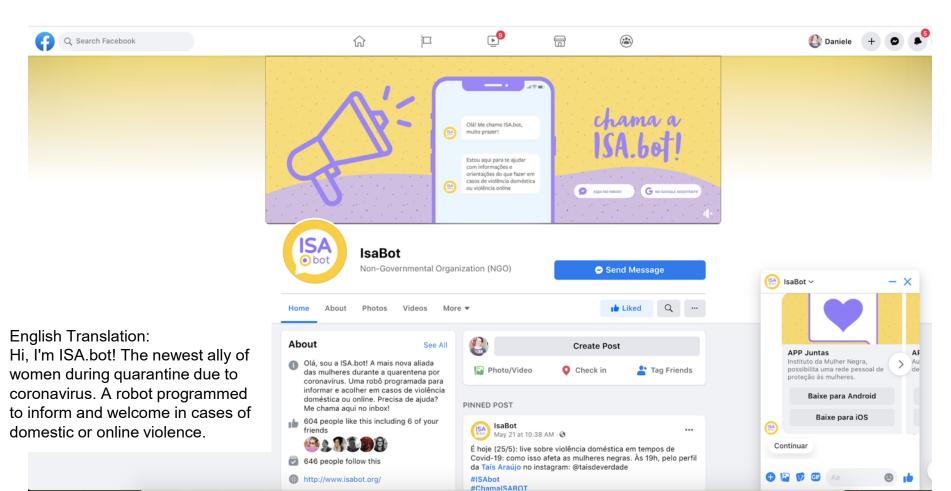
- To increase access to domestic violence resources, we launched Social Learning Units in Groups in the US.
- Group admins can choose to share these resources in their groups to offer the information to their members.



### Other COVID-19 Efforts

- WhatsApp Chat Integration for Helplines
- Messenger Bots for Helplines
- Trainings
- Facebook LIVES

### Brasil: www.facebook.com/chama.isa.bot



# Videos throughout Latin America (in Spanish) about helping a friend experiencing abuse

